



*www.Dr. Nadia Delshad.com*

REMOTE PSYCHOLOGIST, SPEAKER, CONSULTANT

*Be the Change!*

## **Custom Designed Workshops Facilitated by Dr. Delshad**

The following Workshops have been developed and adapted for the Department of Health, Department of Corrective Services, Department of Child Services, Department of Veteran Affairs, various Non-Profit Organizations, DV Agencies, Department of Justice, Queensland University of Technology and Alcohol and Drug Organizations:

- ~ Managing Depression in the Workplace
- ~ Instructing Para-Professionals in Mental Health Support Techniques
- ~ Risk of Violence - Assessment and Prevention Workshop
- ~ Understanding the Abuse Cycle
- ~ Substance Abuse Relapse and Prevention Series
- ~ Suicide Prevention Workshop
- ~ Understanding and Managing Clients with Borderline Personality Disorder and Self-Harm Behavior
- ~ Mental Health Series:
  - Understanding and Managing Bipolar Disorder
  - Understanding and Managing Major Depression
  - Understanding and Managing Schizophrenia
  - Understanding and Managing Personality Disorders (Series of 3)